Azerbaijan Society OF MAINE
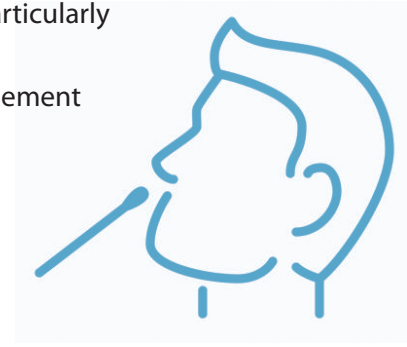*Celebrating cultural heritage*

COVID-19 Testing

Everyone is encouraged to take advantage of the expanded testing opportunities in Maine, particularly if you are in a high-risk demographic or are experiencing symptoms.

Testing is a critical step to manage COVID-19 and stop the spread so that we can begin to implement plans to safely reopen the economy and keep our community safe and well.

Testing also helps you determine if you have COVID-19 or not or if the symptoms you are experiencing are that of COVID-19 or not.

Testing is free for everyone. You can get tested even if you have no health care insurance, and no matter your immigration status.

WHO SHOULD BE TESTED?

You can get tested free of charge, if:
1. you have been in close contact with someone who has tested positive for the coronavirus (COVID-19).
2. if you have any of the following symptoms that are new in the last 14 days: **cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, loss of taste or smell, nausea, vomiting, diarrhea**

HOW AND WHERE TO GET TESTED?

- Call your Primary Care Provider (PCP) office if you have one. They will give you guidance on where to go for testing and what to do when you arrive.
- If you do not have a Primary Care Provider (PCP) and need a test, you can call 211 Maine and they can link you with a provider that is accepting new patients. Simply Dial **2-1-1**
- To establish care with a provider within the St. Mary's Health System or Community Clinical Services, you may call the physician referral line at **207-777-8899**
- To establish care with a provider within the Central Maine Healthcare System, call **1-866-834-8343**
- For testing in the Portland area, call before going to:
    1. Maine Medical Center: **207-662-0111**
    2. Mercy Hospital: **207-879-3000**
    3. Greater Portland Health: **207- 874-2141**
- Also, CVS Pharmacy is operating Drive-Through Testing in Augusta, Biddeford, South Portland, and Portland.
    1. You will need to answer a few questions to see if you qualify for COVID-19 testing.
    2. Go to **www.cvs.com/minuteclinic/covid-19-testing**. Fill out the registration form and select a date and time to go for your test.

**While you enroll to get tested, always follow all safety guidelines.
Wash your hands, wear your masks, and stay 6 feet apart while in the community.**